



*The
Therapy
Rooms*

01274 551111

Thank you for choosing The Therapy Rooms

Please take your time and relax whilst browsing through our comprehensive treatment menu. There is something for everyone. Please call us on **01274 551111** or pop in for an informal chat if you require any further information.

Our friendly staff are always here on hand to help with any questions that you may need answering. We pride ourselves on offering fabulous, luxurious treatments within a friendly, professional environment.

We hope you find exactly what you're looking for and look forward to meeting you soon!

Yasmin, Beth & Toni

NOUVEAU[®]
LASHES



CND[™]
SHELLAC[™]



Facebook - **The Therapy Rooms**



Instagram - **@thetherapyroomsbingley**

www.thetherapyroomsbingley.co.uk

The Therapy Rooms
98 Main Street, Bingley
West Yorkshire, BD16 2JH

All our prices are inclusive of VAT.

'Cancellations within 48 hours will be subject to a 50% cancellation fee'

Eye Treatments

Patch test required

Eyelash tint		£11.50
Eyebrow tint		£9.50
Eyelash & eyebrow tint		£19
Eyebrow tint & wax		£16
Eyelash extensions (full set)		£51
deposit taken on patch test		
Infills	- 1 week (1/2 hour)	£17
	- 2 weeks (45 mins)	£26
	- 3 weeks (1 hour)	£32
Nouveau LVL lash lift & tint*		£48

Tip - Please remove any eye makeup prior to treatment

Hair Removal Treatments

Full leg wax		£31.50
1/2 leg wax		£22.50
3/4 leg wax		£25
Underarm wax		£11.50
Full arm wax		£19
1/2 arm wax		£13.50
Lip wax		£7.50
Chin wax		£9.50
Lip & chin wax		£13.50
Eyebrow wax		£10
Bikini line wax		from £12.50
Full leg, underarm & bikini wax		£50
1/2 leg, underarm & bikini wax		£42
Back wax		£19
Chest wax		£12.50
Full body wax		£70
- Includes Eyebrow, lip, chin, underarm, bikini and full Leg wax		

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Hand Treatments

Express Manicure £17
File, cuticle tidy and polish

The Therapeutic Manicure £24
The Therapy Rooms' signature hand treatment, including a warming hand soak, cuticle tidy, nail file and shape, therapeutic hand massage and polish of your choice.
- With Shellac *please specify when booking* £34

The Deluxe Manicure £32
Indulge and revitalise your hands with our most luxurious manicure, including a replenishing hand soak, scrub, cuticle tidy, nail file and shape, hand mask, heated mittens, sensorial hand and arm massage and a polish of your choice.
- With Shellac *please specify when booking* £42

CND Shellac Manicure £27
Includes cuticle tidy, nail file and shape and a guaranteed 10+ days of high performance wear with stunning crystal shine.

Shellac Removal £13.50
Includes cuticle tidy, nail file and shape. Removal of Shellac done by us is free of charge when having reapplication.

The Gel Bottle Manicure £28
A highly pigmented gel polish. Chip resistant and a long lasting shine.

The Gel Bottle BIAB Manicure £40
AKA 'Builder in a bottle'. Enhances the natural nails ability to grow and increases strength. Includes colour finish of your choice. *See added extras for glitter/nail art.

BIAB Removal £25
Includes cuticle tidy, nail file and shape. Removal of BIAB done by us is free of charge when having reapplication.

CND Shellac Manicure & Pedicure Duo £52
Why not indulge in our fingers & toes special offer package?

Nail repair with BIAB £3
Per nail

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Foot Treatments

Express Pedicure £17
File, cuticle tidy and polish

The Therapeutic Pedicure £29
The Therapy Rooms' signature foot treatment, including a warming foot soak, cuticle tidy, nail file and shape, removal of hard skin, cooling foot scrub, therapeutic foot massage and polish of your choice.

- With Shellac £39.50
please specify when booking

The Deluxe Pedicure £39.50
Take the weight off your feet with our most luxurious pedicure. This pedicure includes a replenishing foot soak, cuticle tidy, nail file and shape, removal of hard skin and a refreshing foot scrub. This treatment also includes a decadent foot mask, heated booties, a heavenly foot & lower leg massage and a polish of your choice.

- With Shellac £50
please specify when booking

Tip - please remember to bring open toe footwear to your appointment as we would hate for your beautiful pedicure to be spoiled.

CND Shellac Pedicure £27
Includes cuticle tidy, nail file and shape and a guaranteed 10+ days of high performance wear with stunning crystal shine.

Added extras

please specify on booking

Glitter

Full set	£3.50
Per nail	60p
French Polish	£3.50
Nail Art	from £3.50
Removal of Shellac/Gel done elsewhere	£3.50

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Facial Treatments

Express Facial - 25 mins

£27

A treatment tailored to your skin type to maintain and balance the skin's natural radiant glow.

Hydrating Facial - 45 mins

£42

A customised facial to rehydrate & regenerate your skin's natural balance and capacity to self-hydrate, using a blend of rose and orange blossom. Suitable for dry or dehydrated skin.

Medicated Facial - 45 mins

£42

A clinical deep pore cleansing facial including extraction and steam treatment to then rebalance the PH of the skin, using a palmarosa blend to mattify. Suitable for oily or acne-prone skin.

Comforting Facial - 45 mins

£42

Sensitive skin can be caused by a variety of factors including environmental damage or natural disposition. This facial is gentle, hypoallergenic and comforting. A blend of calendula and jojoba is used throughout this treatment to soothe and soften delicate skin types.

Anti-ageing Facial - 55 mins

£53

This targeted, professional, antioxidant-rich treatment promotes collagen production and maintains the skin's elasticity. Frankincense and baobab, containing Vitamin E and peptides combat fine lines and wrinkles to slow the ageing process. This includes a specific eye treatment to reduce puffiness and diminish dark circles using cooling, contouring ceramics.



*Approved Neal's Yard consultants and stockists.

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Body Treatments

Swedish Massage

- Back, neck and shoulder - 25 mins £30.50
- Full body - 55 mins £47

Aromatherapy Massage

- Back, neck and shoulder - 30 mins £36
- Full body - 60 mins £53
- Indian Head Massage - 25 mins £30.50

Hot Stone Massage

- Back, neck and shoulder - 30 mins £40.50
- Full Body - 60 mins £55

Spray tans - Crazy Angel

- Full body £18
- Half body £12.50
- Course of 6 £90.50

Spray tan tips

- **Do** remove all make-up prior to treatments
- **Do** remove any unwanted hair the evening before your spray tan
- **Do** exfoliate at least 24 hours prior to your treatment
- **Don't** apply any moisturiser, deodorant, perfume or make-up before your spray tan
- **Don't** wear tight clothing to your appointment or whilst the tan is developing
- **Don't** shower for at least 8 hours after your tan



CRAZY ANGEL

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Packages

The Eye Treatment Package

£24

Includes eyelash tint, eyebrow tint and eyebrow wax.

The Maintenance Package

£64.50

Includes eyelash tint, eyebrow tint and eyebrow wax.
The Therapeutic Pedicure and The Express Manicure.

The Holiday Package

£85

Includes Shellac or Gel fingers and toes, eyelash tint, eyebrow tint, eyebrow wax and bikini wax.

The Deluxe Package

£90.50

Includes The Deluxe Manicure, The Deluxe Pedicure and a choice of either The Swedish Back, Neck and Shoulder Massage or The Express Facial.

Gift Vouchers

Are available to purchase
for any amount or a specific treatment

Opening Hours By Appointment Only

Monday	10am - 6pm
Tuesday	10am - 7pm
Wednesday	10am - 6pm
Thursday	10am - 7pm
Friday	10am - 6pm
Saturday	9am - 3pm

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